

# GROUP LIFE INSURANCE PERSONAL HEALTH APPLICATION

Hartford Life and Accident Insurance Company  
One Hartford Plaza  
Hartford, Connecticut 06155



**eat right.** Academy of Nutrition and Dietetics

**Association:** Academy of Nutrition and Dietetics  
P.O. Box 10374  
Des Moines, IA 50306-8812

**Questions?** Call toll-free: 1-866-795-9340  
Email: customerservice.service@mercer.com

Policyholder (and Participating Organization): <b>Academy of Nutrition and Dietetics</b>	Policy No.: AGL-1947	Certificate No. (Leave Blank):
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Member's Name (First, Middle Initial, Last):			<input type="checkbox"/> Male
			<input type="checkbox"/> Female
Date of Birth:	Place of Birth (State/Country):	Social Security Number:	
_____	_____	_____	

Street: _____	Preferred Phone No.: _____	Email: _____
City: _____	<input type="checkbox"/> Cell <input type="checkbox"/> Daytime	
State: _____ Zip Code: _____	<input type="checkbox"/> Home <input type="checkbox"/> Evening	

Member's Occupation: _____	<input type="checkbox"/> I am a current ACADEMY member.
Specialty/Duties: _____	Member Number: _____
Annual Salary \$: _____	

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**Primary Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

**Contingent Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

<b>Spouse's Name</b> (First, Middle Initial, Last) if applying: _____			<input type="checkbox"/> Male <input type="checkbox"/> Female
Date of Birth: _____	Place of Birth (State/Country): _____	Social Security Number: _____	

Street: _____	Preferred Phone No.: _____	Email: _____
City: _____	<input type="checkbox"/> Cell <input type="checkbox"/> Daytime	
State: _____ Zip Code: _____	<input type="checkbox"/> Home <input type="checkbox"/> Evening	

Spouse's Occupation: \_\_\_\_\_

**Primary Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

**Contingent Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

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**Spousal Consent For Community Property States Only:** If you live in a community property state – Arizona, Louisiana, Nevada, New Mexico, Puerto Rico, Washington or Wisconsin –, you may complete the Spousal Consent section, which allows your spouse to waive his or her rights to any community property interest in the benefit. Certain tribal jurisdictions may also require spousal consent. Please see your Benefits Administrator for details.

This will certify that, as spouse of the Member named above, I hereby consent to my spouse designating the person(s) listed above as beneficiaries of the group term life and/or accidental death insurance under the above policy and waive any rights I may have to the proceeds of such insurance under applicable community property laws. I understand that this consent and waiver supersede any prior spousal consent or waiver under this plan.

Signature of Member's Spouse: \_\_\_\_\_ Date: \_\_\_\_\_

**LIFE INSURANCE**

Amount Desired (\$10,000 minimum up to \$250,000 maximum in \$10,000 increments)

Please indicate if request is for:  New Coverage

**Member:**

\$10,000  \$50,000  \$100,000  \$150,000  \$200,000  \$250,000 Other \$ \_\_\_\_\_ (in \$10,000 increments)

**Age Reduction Rule:**

**On the premium due date on or next following the date the Insured Person:**

attains age 65, the Insured Person's Life Insurance Benefit Amount will reduce by 50%; and attains age 75, the Insured Person's original Life Insurance Benefit Amount will be reduced by an additional 50%; with an appropriate adjustment in premium.

**Spouse:**

\$10,000  \$50,000  \$100,000  \$150,000  \$200,00  \$250,000 Other \$ \_\_\_\_\_ (in \$10,000 increments)

The Spouse may not be covered under a Plan with benefits greater than 100 percent of the Member's Plan.

**Age Reduction Rule:**

**On the premium due date on or next following the date the Spouse:**

attains age 65, the Spouse's Life Insurance Benefit Amount will reduce by 50%; and attains age 75, the Spouse's original Life Insurance Benefit Amount will be reduced by an additional 50%; with an appropriate adjustment in premium.

Change in Coverage

Member's Current benefit amount: \$ \_\_\_\_\_ Additional benefit requested: \$ \_\_\_\_\_ Total benefit: \$ \_\_\_\_\_

Spouse's Current benefit amount: \$ \_\_\_\_\_ Additional benefit requested: \$ \_\_\_\_\_ Total benefit: \$ \_\_\_\_\_

**Child Coverage:**  Yes  No

If Child Coverage is desired, please select coverage requested and complete the following:

Age 15 days to 6 months  \$500      6 months and older  \$2,500

Full Name	Male/ Female	Birth Date	Coverage Requested

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By applying for this insurance, do you intend to replace, discontinue, or change an existing life insurance policy that is not otherwise expiring?	MEMBER <input type="checkbox"/> Yes <input type="checkbox"/> No	SPOUSE <input type="checkbox"/> Yes <input type="checkbox"/> No
Have you ever been declined for life insurance?  If "yes" date and reason for declination: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
In the past 12 months, have you smoked cigarettes or cigars, or used a pipe, chewing tobacco, nicotine products or snuff? If "yes", indicate amount used daily: Member: _____ Spouse: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you consume alcohol? If "yes", please indicate: Member: Amount: per weekday _____ per weekend _____  Spouse: Amount: per weekday _____ per weekend _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

PLEASE COMPLETE THE FOLLOWING HEALTH AND/OR MEDICAL RELATED QUESTIONS:		MEMBER	SPOUSE				
Member:  <table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">Height: ft.                  in.</td> <td style="width: 50%;">Weight: Lbs.</td> </tr> </table> (if currently pregnant, pre-pregnancy weight)	Height: ft.                  in.	Weight: Lbs.	Spouse:  <table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">Height: ft.                  in.</td> <td style="width: 50%;">Weight: Lbs.</td> </tr> </table> (if currently pregnant, pre-pregnancy weight)	Height: ft.                  in.	Weight: Lbs.	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Height: ft.                  in.	Weight: Lbs.						
Height: ft.                  in.	Weight: Lbs.						
In the past 5 years, Have you had any unexplained weight loss?	In the past 5 years, Have you had any unexplained weight loss?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No				
1. Have you ever been diagnosed or treated for high blood pressure, tumor, nervous system disorder, diabetes, any heart, blood or circulatory disorder, autoimmune disorder, gastro-intestinal disorder, any disease or disorder of the glands, thyroid, any lung or respiratory disorder, liver, kidney or genitourinary disease or disorder, including hepatitis, alcohol or drug abuse or dependency, mental or nervous disorder, neurological impairment, bone, joint, back, muscle or connective tissue disorder, or Chronic Fatigue Syndrome? If "yes", indicate:  <table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">Diagnosis by your physician:</td> <td style="width: 50%;">Date of diagnosis:</td> </tr> <tr> <td colspan="2">Treatment including medication, dosage, date last taken:</td> </tr> </table>		Diagnosis by your physician:	Date of diagnosis:	Treatment including medication, dosage, date last taken:		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diagnosis by your physician:	Date of diagnosis:						
Treatment including medication, dosage, date last taken:							
Has the medical professional treating you for this condition released you from care?		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No				
2. Have you ever been diagnosed or treated for Acquired Immune Deficiency Syndrome (AIDS) or AIDS Related Complex (ARC*) or any other Disorder of the Immune System as defined below?		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No				
3. Have you ever been confined in a hospital, nursing home, sanatorium or similar institution (excluding maternity)?		<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No				

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PLEASE COMPLETE THE FOLLOWING HEALTH AND/OR MEDICAL RELATED QUESTIONS:	MEMBER	SPOUSE						
4. Have you ever been diagnosed or treated by a member of the medical profession for cancer? If "yes", indicate:  <table border="1" data-bbox="118 205 1219 302"> <tr> <td>Type of cancer diagnosed by your physician:</td> <td>Date treatment completed:</td> </tr> </table>	Type of cancer diagnosed by your physician:	Date treatment completed:	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No				
Type of cancer diagnosed by your physician:	Date treatment completed:							
5. Have you ever been diagnosed or treated by a member of the medical profession for seizures? If "yes", indicate:  <table border="1" data-bbox="118 432 1219 722"> <tr> <td>Type of seizure diagnosed by your physician:</td> <td>Date of diagnosis/onset:</td> </tr> <tr> <td>Cause of seizures:</td> <td>Frequency of seizures:</td> </tr> <tr> <td>Medication, dosage, date last taken:</td> <td>Date of last seizure:</td> </tr> </table>	Type of seizure diagnosed by your physician:	Date of diagnosis/onset:	Cause of seizures:	Frequency of seizures:	Medication, dosage, date last taken:	Date of last seizure:	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Type of seizure diagnosed by your physician:	Date of diagnosis/onset:							
Cause of seizures:	Frequency of seizures:							
Medication, dosage, date last taken:	Date of last seizure:							
6. In the past 5 years have you consulted any medical professional, surgeon, psychologist, psychiatrist or other practitioner, other than a family member or yourself if you are a physician, for any reason not previously noted on this application?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No						
7. Have you been advised to have a medical test done or are you awaiting treatment for a medical condition?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No						
8. Are you currently pregnant?  Are there any medical complications? _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No						

If you answered "Yes" to any of the above questions, provide the details below to include the condition, diagnosis, number of episodes, duration, severity, date of last symptom, current status, treatment, medications and dosages, test results, any further treatments planned and the medical professional's and hospital's name, address and phone number. If additional space is needed, provide additional sheet with details.

Question Number, Condition, Dates and Details	Name of Family Member	Medical professional's name, full address and phone number

**AIDS Related Complex (ARC)\*** is a condition with signs and symptoms which may include generalized lymphadenopathy (swollen lymph nodes), loss of appetite, weight loss, fever, oral thrush, skin rashes, unexplained infections, dementia, depression, or other psychoneurotic disorders with no known cause. "Disorder of the Immune System" includes the hyperimmune conditions, disorders of gammaglobulin synthesis (hypogammaglobulinemia) of white blood cell production and maturation, and the immune-deficiency disorders both congenital and acquired. Also included in disorders of immunity are lupus erythamatosus, Grave's Disease, rheumatoid arthritis, primary biliary cirrhosis, and others.

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Please read all items carefully and sign below.

**AUTHORIZATION TO OBTAIN, RELEASE AND DISCLOSE INFORMATION**

**Notice**

To the best of your knowledge, you are required to notify Hartford Life and Accident Insurance Company in writing of any changes in your medical condition between the date you sign this form and the date coverage is approved.

In order to complete the evaluation of this application, Hartford Life and Accident Insurance Company may contact you, through the mail or over the telephone:

1. to clarify any information contained on this form;
2. to obtain any information missing from this form;
3. to ask additional questions of you or your physician about the information that you have provided; or
4. to request a paramedical exam.

We may also use information about you obtained from other sources, including our claim files, evidence of insurability applications you have previously submitted to us, and copies of medical records which you have authorized us to review, and information obtained from MIB, Inc.

**Authorization**

I, an undersigned applicant, authorize Hartford Life and Accident Insurance Company, together with its affiliates, ("Company") to contact me, during the evaluation of this application, through the mail, secure e-mail, or over the telephone, at the address or telephone number identified in this application, or otherwise provided by me:

1. to clarify any information contained on this form;
2. to obtain any information missing from this form; or
3. to request a paramedical exam.

In the event that I cannot be reached via telephone, I authorize a representative of the Company to leave a voice message identifying his or her name, the Company name, and a return phone number, indicating that he or she is calling to obtain information necessary to complete my recent application for insurance. The message will also contain an underwriting ID number and the hours during which I may reach a representative of the Company by telephone.

- Yes, you may leave a message as indicated above.                       No, please do not leave a message.  
*(If not checked, you will not be contacted by phone.)*

In addition to the information that I have provided on this application, I authorize the Company to use information about me obtained from Company claim files, insurance applications and medical information I or my physician(s) have previously submitted to the Company. I further authorize any employer, any health or benefits plan, physician, counselor, medical professional, hospital, clinic or medical facility, laboratory, MIB, Inc., pharmacy or pharmacy benefits manager, motor vehicle violation reporting agency, consumer reporting agency that possesses my protected Personal Health Information ("PHI"), including copies of records concerning physical or mental illness, diagnosis, prognosis, prescription information, care or treatment provided to me (but excluding HIV and genetic testing), drug and alcohol use history, other insurance coverage or employment status to furnish such protected health information to the Company or its representative. The Company may only use information disclosed under this Authorization that is relevant to underwrite this or any other insurance application to the Company during the period that the Authorization is valid (as described below), at any time to aid in the detection of fraud, and for internal research purposes.

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I acknowledge that I am currently a member of the Association and understand I must retain membership to be eligible for this insurance plan.

I hereby acknowledge that I have read all statements and answers in this application, and in any other application or medical form required by the Company, and that they are full, complete, and true to the best of my knowledge and belief. I also understand that any misrepresentation contained herein or relied on by the Company may be used to reduce or deny a claim or void the contract within the contestable period if such misrepresentation materially affects the acceptance of the risk. I also agree that a copy of this application shall be attached to and form a part of any certificate issued. I also understand that the Company may request whatever additional evidence of insurability it needs.

Subject to any deferred effective date provision, I understand that coverage will not become effective until (a) the Company grants its underwriting approval; and b) at the time of payment of the first premium, I am living, and my insurability remains the same as that described in the application. I do not receive temporary or conditional insurance coverage just because I submit an application and paid my first premium.

I authorize the Hartford Life and Accident Insurance Company to give information about me or my dependents to any other insurance company to whom I or my dependents may apply for Life and Health Insurance, the MIB, Inc., or other persons or organizations handling a claim, underwriting coverage applied for or administering coverage issued as a result of this application or as required by law.

I understand that upon written request I may revoke this authorization except to the extent that action has already been taken in reliance on the authorization. This authorization expires two (2) years from the effective date of my coverage or my dependent's coverage or, if no coverage has been issued one (1) year from the date of this application.

I understand that a photocopy of this form is as valid as the original, and that I have a right to receive a copy of this form upon request.

**Member's signature** (Sign name in full) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

**Spouse's signature** (if applying) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

**PREMIUM PAYMENT**

I wish to pay my premiums:  Monthly  Quarterly  Semi-annually  Annually

Automatic Bank Withdrawal (Electronic Funds Transfer):

Name: \_\_\_\_\_ Banking Institution: \_\_\_\_\_

Routing Number: \_\_\_\_\_ Account Number: \_\_\_\_\_

Bank Account Type: \_\_\_\_\_  Checking  Savings

I authorize the Administrator to initiate my regular payment from the bank account provided above. I understand that payment will be processed on or after the due date and will continue to be charged or deducted from my account unless I notify the Administrator otherwise in writing or my coverage ends. I also understand if corrections of the debit are necessary, this may involve an adjustment to my account.

**Member's signature** (Sign name in full) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

**Spouse's signature** (if applying) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

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Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance may be guilty of a crime and may be subject to fines and confinement in prison.



**Return Completed Form Today to:**  
ACADEMY GROUP INSURANCE PROGRAM  
P.O. Box 10374  
Des Moines, IA 50306-8812

**QUESTIONS?**  
**CALL TOLL FREE: 1-800-503-9230**  
**customerservice.service@mercer.com**

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